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PERTH, AUS



# FIFO MENTAL HEALTH GROUP.

## 2023

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SERVICE OFFERINGS

WE GET FIFO WORKERS TALKING ABOUT THEIR MENTAL HEALTH



# MENTAL HEALTH FIRST AID

2 DAY COURSE - PERTH, REGIONAL, ON SITE

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FIFO Mental Health Group (FMHG) now offer the 2 day Mental Health First Aid (MHFA) course, delivered by accredited facilitators with construction and mining lived experience, with a down to earth, relatable and impactful style.

Over 2 days your team will learn how to:

- 01** Recognise the signs and symptoms of mental health issues
- 02** Use the tools and processes to help and refer peers who are struggling
- 03** Reduce the uncertainty and stress with having mental health conversations
- 04** Identify psychosocial risks such as early detection of stress in the workplace
- 05** Reduce stigma through story, tools, awareness and understanding



# OUR MHFA OFFERINGS



**01**

MHFA 2 day course delivered on site:

- Up to 20 team members per course
- \$7400.00 plus G.S.T

**02**

MHFA 2 day course delivered at your CBD office or workshop:

- Up to 20 team members per course
- \$6000.00 plus G.S.T

**03**

MHFA 2 day course delivered at a location provided by FMHG:

- Up to 20 team members per course
- \$7000.00 plus G.S.T

**04**

Individual and small team training delivered at Aveling Jandakot:

- Individuals and small teams can join our monthly MHFA Training
- \$370.00 per person plus G.S.T



# T'S & C'S

## Terms and Conditions for Mental Health First Aid Training:

1. Participants must be at least 18 years old to register for the course.
2. Participants are required to attend all sessions of the training in order to receive certification.
3. Participants who need to cancel their registration must do so at least 21 days prior to the start of the course in order to receive a full refund.
4. Participants who cancel their registration within 14 days will be eligible to transfer to another course or receive a 50% refund.
5. Participants who cancel their registration less than 7 days before the start of the course will not be eligible for a refund.
6. FIFO Mental Health Group reserve the right to cancel the course at any time due to insufficient enrolment or unforeseen circumstances. In the event of a course cancellation, participants can select a future course or receive a full refund.
7. By registering for the course, participants agree to the terms and conditions outlined above.
8. If a facilitator is required to stay a second night onsite due to flight availability an additional \$3700.00 plus G.S.T will be applied.
9. Flights and accommodation to be booked by client.
10. The minimum number of participants per course is 6 and the maximum is 20.

Contact our lead MHFA facilitator Corey Gaidzionis for more info:  
[Corey@fifomentalhealthgroup.com](mailto:Corey@fifomentalhealthgroup.com)